



AIYASHA BODY TREATMENTS

Indulge yourself and treat your body to luxurious relaxation and intensive pampering at the AIYASHA Day Spa. Exceptionally exclusive spa menus await you here. We'll listen to your wishes and get to know your skin type and then provide an in-depth consultation. This will help us find the ideal line and combination of menus and products for you. Be it an antiaging treatment, intensive moisturising, relaxing balancing or deep cleansing – we'll achieve the optimum result.

MASSAGES

Our exclusive massage techniques blend tradition with modernity: savour the ultimate in relaxation! With a massage attentively tailored to your own needs.

Thai Massage

A traditional massage with a lot of stretching and relaxing pressure points.

60 minutes90 euros
80 minutes120 euros

Thai Massage with Oil

60 minutes95 euros
80 minutes125 euros

Thai Herbal Massage

Traditional massage with heated herbal compresses.
80 minutes140 euros

Thai Yoga Massage

A combination of a pressure-point massage and yoga exercises.
60 minutes95 euros

Shiatsu

Japanese finger pressure massage that enhances emotional and mental wellbeing.

60 minutes90 euros
80 minutes120 euros

Balinese Massage

Light tissue massage that stimulates the body's energy flow.
80 minutes125 euros

Lymphdrainage

A gentle, detoxifying massage that releases blockages.
50 minutes80 euros

AIYASHA Signature Detox Massage

The Green Tea Detox massage oil is massaged into the skin after a lymph drainage treatment. The oil cleanses the body of wastes and has a detoxifying effect. After treatment, you should be sure to drink plenty of fluids to flush out wastes and toxins. The AIYASHA Detox Tea is a highly recommended option.

50 minutes90 euros

Nuad Tao

Thai reflexology foot massage which uses special pressure techniques and a wooden massage stick. Invigorating and deeply relaxing.

60 minutes85 euros

Traditional Massage

50 minutes79 euros
80 minutes120 euros

COMFORT ZONE

Comfort Zone combines Fareastern wisdom with the Italian love of beauty and deep relaxation with exquisitely sensual creations. Launched in Italy in 1995, Comfort Zone has since risen to a top brand in the international spa and cosmetics sector. The premium products and treatments offer spa guests an exceptional feel-good experience. Comfort Zone stands for premium quality cosmetics with active ingredients for perfect beauty from within and without.

Body Strategist Cellulite Refiner

Detoxifying cellulite treatment. Also suitable for sensitive skin. The treatment has a powerful drainage effect, promotes fat burning and nourishes the skin with oxygen and minerals.

60 minutes95 euros

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Body Strategist Cellulite Remodeller

Effective cellulite treatment for normal skin. Promotes circulation, even in the deep layers of tissue, reduces fat deposits and stimulates the body's fat burning function. The skin is regenerated, firmed, tautened and elasticity is restored.

60 minutes95 euros

Body Resource Detoxifying – Entschlacken und Entgiften

Body wrap for the treatment of cellulite. We use essential oils and natural active substances for effective detoxification, drainage and firming.

60 minutes95 euros

PAÑPURI

In Asia, the luxury brand Pañpuri enjoys the reputation of a premium spa supplier. »Pañ« means all-embracing wisdom, »puri« a magnificent palace. The exquisite ingredients used in Pañpuri products are based on the teachings of Fareastern healing methods. For thousands of years, they have offered healing, care and balance, bringing harmony to body, mind and spirit. The superior products of Pañpuri contain authentic Asian aromas and basic substances such as jasmine, ylang ylang, lemongrass and sandalwood. The fine compositions are created using combinations of aloe vera, coconut, ginger and honey, tamarind, turmeric and other select ingredients.

Inspiring Coffee Therapy

Stimulating and revitalising. Coffee Therapy smoothes the skin, promotes drainage and boosts toxin elimination. After a firming coffee body scrub, you'll relax in a coffee milk bath, followed by the coffee mask in combination with a revitalising head massage.

90 minutes 140 euros

Asian Touch

An oriental pampering ritual consisting of a whole body scrub and a revitalising mask, rounded off with a relaxing Asian massage with a choice of coconut, lemongrass, papaya, jasmine, green tea detox or ginger.

90 minutes 140 euros

120 minutes 190 euros

Especially recommended to accompany this treatment:

Coconut Head Treatment

(including brush massage)

30 minutes Surcharge 30 euros

Javanese Lulur

Traditional Thai body treatment. This treatment centres around a unique body scrub with rice bran, exquisite sandalwood and evening primrose oil. The highlight is an original Balinese massage with hot herbal compresses.

100 minutes 160 euros

Oriental Energy Spice

A relaxing treatment with cloves, oranges and cinnamon. The Balinese Boreh Body Scrub and the Oriental Spice Bath leave the skin velvety soft to the touch. The treatment finishes off with the wonderful experience of a Balinese massage with hot herbal compresses.

120 minutes 190 euros

DOCTOR DUVE MEDICAL SKIN CARE

Dr. med. Stefan Duve devoted several years to the development of his DOCTOR DUVE Medical Skin Care line. His aim was to create skin care products which not only optimally nourished the skin, but also restored and perfected its functions. The result is an innovative anti-aging solution, an intelligent symbiosis of dermatology and cosmetics which is highly effective and skin-compatible.

The AIYASHA beauty experts have developed targeted, highly effective treatments for the body, which are exclusively performed with products from the DOCTOR DUVE Medical Skin Care line and based on the principles of this innovative brand.

Lifting & Firming Body Treatment

Metabolism-stimulating massage and body pack with Lifting & Firming Body Cream from the DOCTOR DUVE Medical Skin Care line.

1.5 hours 140 euros

Including hand and decollete treatment:

30 minutes Surcharge 45 euros

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Lifting & Firming Hand & Decollete Treatment

Hand exfoliation and mask with special hand massage using products from the DOCTOR DUVE Medical Skin Care line. Can only be booked in combination with a treatment.

30 minutes Surcharge 45 euros

BÄDER

Thai Jasmin Honey Bath

Sensuous and relaxing.

25 minutes29 euros

Oriental Spice Milk Bath

Stimulating and revitalising.

25 minutes29 euros

Lemongrass Milk Bath Oil

Refreshing and mood enhancing.

25 minutes29 euros

Anti Oxidant Green Tea Milk Bath Oil

Anti-aging and detoxifying.

25 minutes29 euros

EXTRAS

Perfect the result of your treatment with additional exclusive offers:

Body Detox Foot Bath

45 minutes 75 euros

Spa Manicure

50 minutes59 euros

Men's Special 50 euros

Spa Pedicure

50 minutes 59 euros

Men's Special 50 euros

Quick Manicure & Pedicure

Without varnish

60 minutes80 euros

Varnish reapplication

10 minutes 15 euros

Steam Bath

With relaxing coloured light therapy. Bookable in conjunction with any treatment.

10 minutes20 euros

Coconut Head Treatment

Including brush massage, bookable in conjunction with any treatment.

30 minutes Surcharge 30 euros

DOCTOR DUVE Hand Treatment

Hand exfoliation, mask and massage as well as decollete or head massage with products from the DOCTOR DUVE Medical Skin Care line. Can only be booked in combination with a treatment.

30 minutes Surcharge 45 euros

Waxing

Whole leg depilation, approx. 40 minutes65 euros

Half-leg depilation, approx. 25 minutes40 euros

Bikini zone depilation, approx. 25 minutes35 euros

Brazil Waxing, approx. 40 minutes50 euros

ALL BEAUTY PRODUCTS ARE
AVAILABLE AT THE AIYASHA STORE.
WE LOOK FORWARD TO
WELCOMING YOU!